



Here for young people
Here for communities
Here for you



Creative Academy Handbook

-  ymcanewarksherwood.org
-  01636 233 125
-  creativeacademy@ymcarhg.org
-  YMCA Creative Academy



YMCA CREATIVE

Inspiring and supporting young people through the creative arts



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Welcome

Thank you for choosing YMCA's Creative Academy, which brings performing dance and art workshops for young people from Year 6 – Year 13 into local communities.

Our mission, based on YMCA's values of **caring, honesty, respect** and **responsibility**, is to develop the **mind, body** and **spirit** of individuals, families and communities, and improve health and well-being for all.

Our Creative Academy offers young people the chance to develop their skills in Drama, dance, singing and art whilst learning resilience, self-discipline and a chance to grow in their life skills, abilities and confidence.

We can't wait to meet you all!



Where & when to find us

Our Creative Academy programme runs from our YMCA Newark Village



Performing Arts

Art Studio, Tuesdays,
4:30pm – 5:30pm

- ▶ Explore and develop acting, singing, and dancing skills
- ▶ Creative writing for scripts, lyrics, poems and monologues
- ▶ Team building games and activities.

**YMCA Newark & Sherwood
Community and Activity Village**

Lord Hawke Way, Newark-on-Trent,
Nottinghamshire, NG24 4FH
01636 233 12

Room: Dance & Art Studio



Creative Arts

Art Studio, Thursdays,
5:45pm- 6:45pm

- ▶ Design and produce a range of merchandise
- ▶ Learn a variety of art techniques; painting, prints, ceramics and much more.



Creative Dance

Art Studio, Thursdays,
4:30pm – 5:30pm

- ▶ Master dance disciplines; jazz, contemporary and commercial
- ▶ Create captivating choreography for dance routines
- ▶ Engaging, movement-filled sessions and expressive dance workouts.

Holiday Academy

A typical day

WARM UPS AND DRAMA GAMES 10:00am - 10:30am	30 MINS
DANCE WORKSHOP 10:30am - 11:15am	45 MINS
BREAKTIME 11:15am - 11:30pm	15 MINS
PERFORMING ARTS SESSION 11:30pm - 12:30pm	1 HOUR
LUNCH 12:30pm - 13:00pm	30 MINS
ART WORKSHOP 13:00pm - 15:00pm	2 HOURS
FINISH 15:00pm	



What to bring

Please bring lunch, a drink and healthy snacks to keep you going for the day. Please let us know if you have any allergies.

If the sun comes out please wear sun cream in case we go outside.

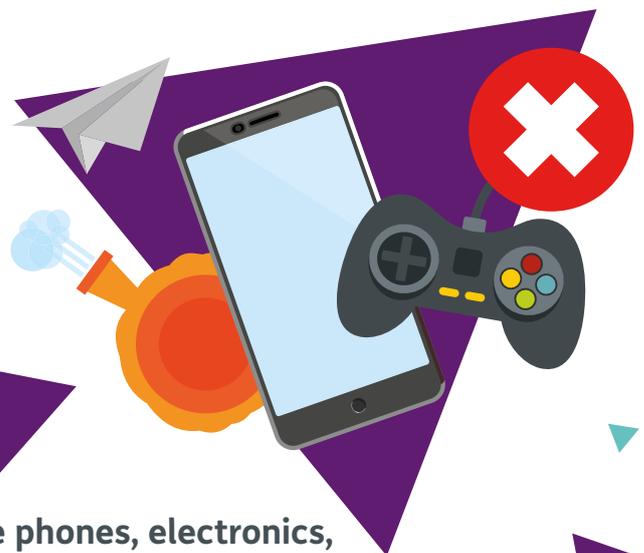
To keep distractions to a minimum please don't bring any additional items in unless you've been asked to for your performance.



A packed lunch and refillable water bottle



Clothes and shoes you can easily move in



But please leave phones, electronics, toys and games at home or out of sight

Health and Safety

Please don't attend if you are ill, call us to let us know on 01636 233 125.

Please give any medication to the camp leader and complete a medication administration form. **All medication must be labelled.**

In case of an accident or sudden illness, our staff are first aid trained. If the situation warrants further attention, emergency services will be contacted.



Our marketing department will sometimes take photos and film during our Creative Academies. You can choose your media consent on your booking form.



Code of conduct

This agreement is here to make sure everyone who takes part in Creative Academy activities knows what is expected of them and feels safe, respected and valued.

We agree to:

- ✓ Be supportive and kind to others
- ✓ Listen to others
- ✓ Treat everyone with respect
- ✓ Take responsibility for our own behaviour
- ✓ Talk to staff about anything that worries or concerns us
- ✓ Join in and have fun!

We agree not to:

- ✗ Be disrespectful to anyone else
- ✗ Bully other people (online or offline)
- ✗ Behave in a way that could be intimidating
- ✗ Be abusive towards anyone.

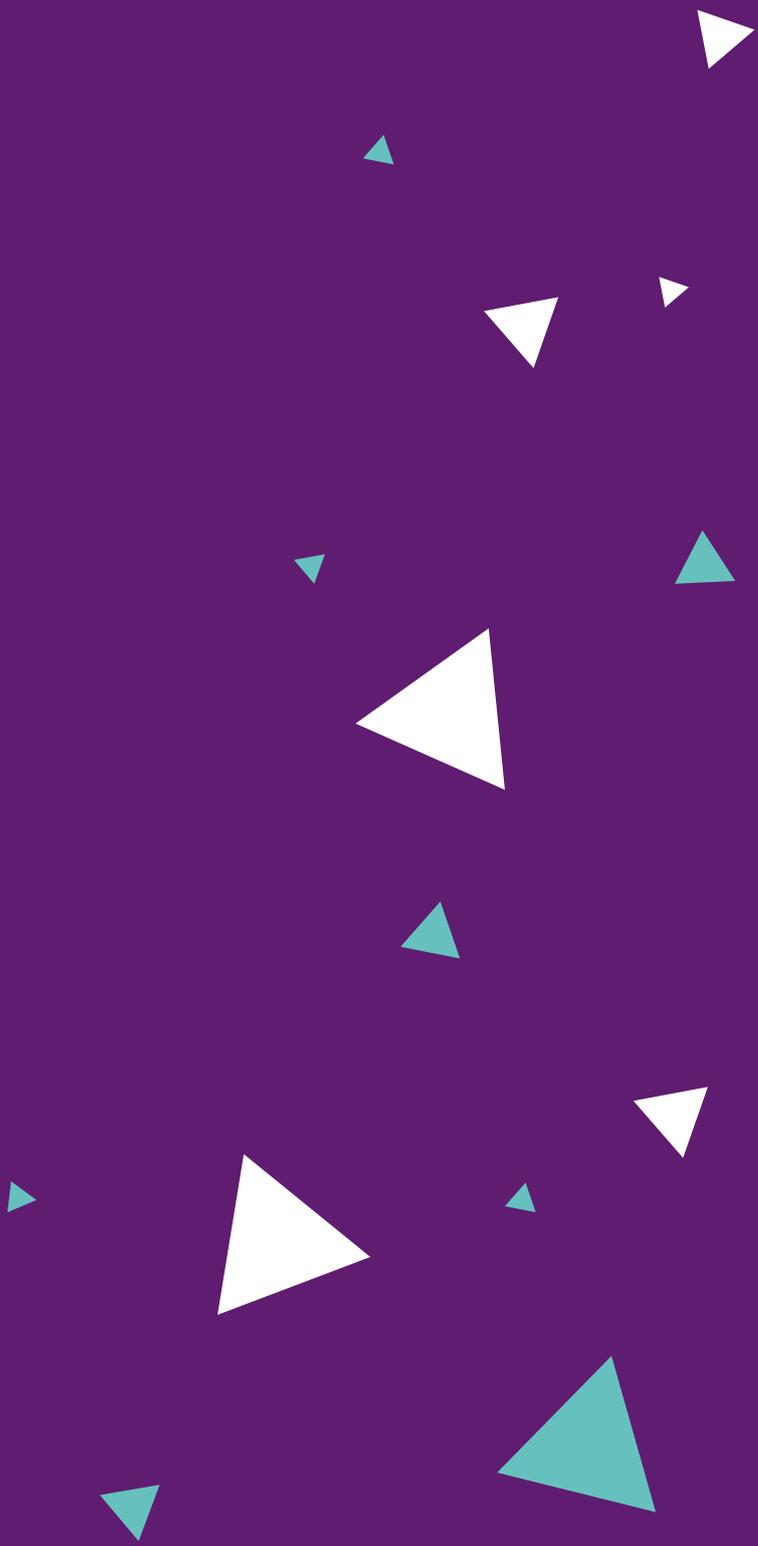


If you have any concerns, complaints, feedback or praise, please contact creativeacademy@ymcarhg.org

If you have a safeguarding concern please speak to the session leader or contact Steffen Benbow, Operations Manager - Children, Youth and Families
T: 0115 711 7006 | M: 07852 769847



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