

# YMCA Café Menu

**We pride ourselves on using fresh, locally sourced + seasonal ingredients**

**Breakfast // 'till 11:45**

**The Bacon Cob (GFO) - £4.00**

Top notch dry-cured back-bacon in a cob

**The Sausage Cob - £4.00**

Locally produced proper sausage in a cob

**Fried Egg Cob (V) (GFO) - £3.75**

Warning! Can be runny! Served in a Cob

**Spinach + Mushroom Cob (V) (GFO) - £3.75**

It does what it says on the tin. Served in a cob

Add a fried egg + £1

**Stacked Ricotta Pancakes (GFO) (V) £7**

Homemade with Fruit, honey + natural yoghurt

**Toast (VE) (GFO) - £2 - Sourdough, White or Wholemeal served with butter, jam or marmite**

**Toasted Tea Loaf (V) - £2.70**

fruit + spice combined makes this the ultimate toast

**Savoury Cheese + Mustard Scone - £4.50**

Lincolnshire Poacher Cheese + Chutney

**Brunch // served all day**

**Smashed Avocado + Poached Eggs (V) (GFO) – £8**

on toasted sourdough bread

**Creamy Mushrooms + Spinach (VE) (GFO) - £8**

on toasted sourdough bread with truffle oil

Add a poached egg + £1

**Eggs Benedict - £9**

Ham, Poached eggs, Toasted English muffin + Hollandaise

**Go Royale! swap Ham for Smoked Salmon**

**Steak + Eggs (GF) £11.50**

Grilled Flat Iron steak served pink with 2 Fries eggs, roast tomato.

Homemade baked beans + potato rosti

**EXTRAS:** Fried or Poached Eggs, Smashed Avo, Sausage, Bacon £2.50

**Lunch // Served from 11:45**

**Soup of the Day (GFO) - £5**

Our homemade soup with freshly baked artisan bread

**Today's Quiche (V) - £9**

Homemade Quiche with salad + house slaw

**Chicken Schnitzel - £11**

Breadcrumbed chicken fillet. Potato wedges + Slaw

**Smoked Haddock Fishcake - £12**

Wilted baby spinach, watercress, poached egg + Hollandaise

**Classic Caesar Salad - £9**

Chicken, bacon + croutons on baby gem lettuce. Wedge of Focaccia

**Heritage tomato + Orange Salad (V) (GFO) - £9**

Tomato + Orange Salad with mozzarella. Basil Oil + herbs.

Wedge of focaccia

**Daily Specials!**

Check our board for today's freshly prepared special dishes!

**House Sandwiches // Served from 11:30**

Served in freshly baked Welbeck Bakehouse ciabatta, with homemade slaw + salad

Ham, Lincolnshire Poacher and Tomato Chutney (GFO) £8

Grilled Steak, Cropwell Bishop and Caramelised Red onion (GFO) £10

Smoked Salmon & Lemon and Chive Cream Cheese (GFO) £8

**Kids // under 16**

**Kids Cob - £4**

choose from cheese or ham filling

**Sausage + Mash - £4.50**

choose beans or peas + gravy

**Breaded Chicken + Wedges - £4.50**

choose beans or peas

**Focaccia pizza + crisps - £4.50**

**Let our team know of any allergies + dietary requirements**

**(V) Vegetarian**

**(VE) Vegan**

**(GFO) Gluten free option available on request**