

YOUTH MEMBERSHIP

COACHED
SESSIONS

**GOOD
VIBES**

**YOUR
CHOICE**

YOUR SPACE

YOU CHOOSE YOUR COACHED SESSIONS

MON	TUES	WED	THURS	FRI	SAT	SUN
Strength & Conditioning or Foot-Golf 16:30-17:30	Strength & Conditioning or Climbing 16:30-17:30	Nerf Wars or Arts & Crafts 16:30-17:30	Climbing or Engineering & Graphic Design 16:30-17:30	Youth Football 16:00-18:00 or Biking or Climbing 16:30-17:30	Biking 11:00-12:00 Climbing 12:00-13:00	Games Club 11:00-12:00
15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30	15 Min Break 13:00	15 Min Break 12:00
DJ'ing & Music Production or Street Dance 17:45-18:45	Cooking or Games Club 17:45-18:45	Arts & Crafts or Basketball 17:45-18:45	Skateboarding or Basketball 17:45-18:45	LEGO or Foot-Golf 17:45-18:45	Street Dance or Pickleball 13:15-14:15	LEGO 12:15-13:15

All Classes subject to availability and correct at time of document creation only.

DROP-IN SESSIONS

Use our facilities without a coached YMCA Youth Leader.
Open Climbing is available to competent climbers only.

Strength & Conditioning (16+)

Mon-Fri: 07:00-21:00
Sat-Sun: 09:00-16:00

Climbing Centre*

Mon: 09:00-21:00
Tues: 09:00-16:00 **Bouldering only**
16:00-21:00
Wed: 09:00-21:00
Thurs-Fri: 09:00-21:00
Sat: 09:00-18:00
Sun: 10:00-17:00

Base Room

Mon - Fri: 16:30-17:30
17:45-18:45

A space to hang out, play games,
socialise or do homework
- the freedom is yours!

Bike Tracks

Learn to Ride, Community Trail and Pump Tracks
Mon: 16:00-20:00
Tues: 16:00-20:00
Thurs: 17:30-20:00
Sat: 13:00-16:30

*Young climbers must be accompanied by a competent adult.
Adults must submit a form to supervise up to two novice climbers.
**Unlimited sessions excludes training courses.