

DROP-IN SESSIONS

Use our facilities without a coached YMCA Youth Leader.
Open Climbing is available to competent climbers only.

Open Youth Gym (16+)

Mon-Fri: 07:00-21:00

Sat-Sun: 09:00-16:00

Open Youth Gym (14+)

Mon-Sun: 09:00-16:00

Open Family Gym (5+)

Sat-Sun: 09:00-16:00

Children age 5+ supervised by an adult

Climbing Centre*

Mon: 09:00-21:00

Tues: 09:00-16:00 Bouldering only

16:00-21:00

Wed: 09:00-21:00

Thurs-Fri: 09:00-21:00

Sat: 09:00-18:00

Sun: 10:00-17:00

*Young climbers must be accompanied by a competent adult.
Adults must submit a form to supervise up to two novice climbers.
**Unlimited sessions excludes training courses.

YOU CHOOSE YOUR COACHED SESSIONS

MON	TUES	WED	THURS	FRI	SAT	SUN
Open Youth Gym Age 14+ Only 15:30-17:30	Open Youth Gym Age 14+ Only 15:30-17:30	Open Youth Gym Age 14+ Only 15:30-17:30	Open Youth Gym Age 14+ Only 15:30-17:30	Open Youth Gym Age 14+ Only 15:30-17:30	Open Family Gym 09:00-16:00 Children age 5+ supervised by an adult	Open Family Gym 09:00-16:00 Children age 5+ supervised by an adult
UV Dodgeball or Science 16:30-17:30	Strength & Conditioning or Climbing 16:30-17:30	Strength & Conditioning or Cooking 16:30-17:30	Podcasting & Journalism or Climbing 16:30-17:30	Youth Football 15:30-18:00 Climbing or Engineering or Strength & Conditioning 16:30-17:30		
15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30	15 Min Break 17:30		
DJ'ing & Music Production 17:45-18:45	Cooking or Drama 17:45-18:45	3D Animation 17:45-18:45	DJ'ing & Music Production 17:45-18:45	Youth Football 15:30-18:00 or LEGO 17:45-18:45	Intro to Climbing 12:00-13:00	



All Classes are subject to availability and correct at time of document creation only. For latest information check online.