

# Activity Descriptions

## 3D Animation

Bring characters and stories to life while learning creative 3D animation skills using professional digital design tools.

## Archery

Learn focus, control, and accuracy while safely developing archery skills in a fun, supportive setting.

## Arts & Crafts

Get creative with fun hands-on projects, from painting to making cool crafts.

## Baking

Learn to bake and decorate tasty treats to take home and share.

## Basketball

Dribble, pass, and shoot while building teamwork and skills on the court.

## Biking

Develop balance, coordination, and confidence while enjoying fun, active biking sessions on the YMCA Bike Tracks.

## Clip 'n Climb

Build confidence and skills while tackling fun climbing challenges.

## Drama

Build confidence and creativity through acting, improvisation, and performance in a fun, supportive drama environment.

## Engineering

Get hands-on building circuits and exploring the world of engineering.

## Football

Build teamwork and coordination through active, high-energy football games in a fun, supportive environment.

## Foot-Golf

Combine football skills and precision as you aim, kick, and score through fun foot-golf challenges.

## Jewellery Making

Design and create your own unique accessories while learning jewellery-making techniques using beads, wire, and creative tools.

## LEGO

Get creative and bring ideas to life with fun LEGO building challenges.

## Science

Get hands-on with fun experiments and explore how things work.

## Skateboarding

Build balance, confidence, and skills while learning skateboarding basics in a safe, supportive environment.

## Ultimate Frisbee

Build teamwork, agility, and throwing skills through fast-paced, fun ultimate frisbee games.

## Climbing-National Indoor Climbing Scheme

Structured sessions led by expert coaches. Wild Climbers (5-8) - a fun introduction to the climbing environment whilst building, agility, balance and team work. NICAS (8+) - scheme progressing from Levels 1-5.

## Age 5-7

MON	TUES	WED	THURS	FRI	SAT	SUN
4pm-5pm Archery	4pm-5pm Baking or Foot-Golf	4pm-5pm Clip 'n Climb or Biking	4pm-5pm Ultimate Frisbee	4pm-5pm 3D Animation	9.15am-10.15am Clip 'n Climb	9.15am-10.15am LEGO
15 Min Break						
5.15pm-6.15pm Clip 'n Climb	5.15pm-6.15pm Engineering or Skateboarding	5.15pm-6.15pm Jewellery Making or Football	5.15pm-6.15pm Arts & Crafts	5.15pm-6.15pm Basketball		12noon-1pm 3D Animation

## Age 8-10

MON	TUES	WED	THURS	FRI	SAT	SUN
4pm-5pm Clip 'n Climb	4pm-5pm Engineering or Skateboarding	4pm-5pm Football or Drama	4pm-5pm Science	4pm-5pm Archery	9.15am-10.15am Clip 'n Climb	9.15am-10.15am LEGO
15 Min Break						
5.15pm-6.15pm Basketball	5.15pm-6.15pm Baking or Foot-Golf	5.15pm-6.15pm Biking or Clip 'n Climb	5.15pm-6.15pm Ultimate Frisbee	5.15pm-6.15pm 3D Animation		12noon-1pm 3D Animation

## Open Sessions

9am-9pm Roped Climbing & Bouldering 3.30pm-5.30pm 6pm-8pm Bike Tracks	9am-9pm Bouldering 3.30pm-5.30pm 6pm-8pm Bike Tracks 4pm-9pm Roped Climbing	9am-9pm Roped Climbing & Bouldering	9am-9pm Roped Climbing & Bouldering 3.30pm-5.30pm 6pm-8pm Bike Tracks	9am-9pm Roped Climbing & Bouldering	9am-6pm Roped Climbing & Bouldering 9am-4pm Family Gym 1pm-4pm Bike Tracks	9am-5pm Roped Climbing & Bouldering 9am-4pm Family Gym 1pm-4pm Bike Tracks
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Children aged 5-10 must be accompanied by an adult.

Family Gym: Ages 11-13 must be accompanied by an adult 18+ and supervised at ALL TIMES. For climbing adults must submit relevant forms to supervise up to two young climbers.

All classes are subject to availability and correct at time of printing. For latest information check online.



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