

Activity Descriptions

Archery

Learn focus, control, and accuracy while safely developing archery skills in a fun, supportive setting.

Baking

Learn to bake and decorate tasty treats to take home and share.

Basketball

Dribble, pass, and shoot while building teamwork and skills on the court.

Biking

Develop balance, coordination, and confidence while enjoying fun, active biking sessions on the YMCA Bike Tracks.

Clip 'n Climb

Build confidence and skills while tackling fun climbing challenges.

Dodgeball

Duck, dodge, and throw while building teamwork, agility, and confidence through fast-paced dodgeball games.

Drama

Build confidence and creativity through acting, improvisation, and performance in a fun, supportive drama environment.

Engineering & Circuit Building

Create, test, and solve challenges while exploring engineering, electronics, and discovering how things work.

Foot-Golf

Combine football skills and precision as you aim, kick, and score through fun foot-golf challenges.

Gaga Ball

Fast, dodgeball-style game played in an inflatable ring, where players hit, dodge and stay moving.

Game Design

Create exciting games while learning digital design skills, developing creativity, and bringing your own ideas and challenges to life.

LEGO

Get creative and bring ideas to life with fun LEGO building challenges.

Photography

Capture creative images while learning photography skills, exploring composition, and seeing the world through a new lens.

Singing

Develop confidence, performance skills, and musical creativity while enjoying fun group singing sessions.

Skateboarding

Build balance, confidence, and skills while learning skateboarding basics in a safe, supportive environment.

So much to try. So much fun.

Check out the timetable below and find the coached activities your child will love this autumn & winter.

Age 5-7

MON	TUES	WED	THURS	FRI	SAT	SUN
4pm-5pm Dodgeball	4pm-5pm Engineering & Circuit Building or Foot-Golf	4pm-5pm Clip 'n Climb or Drama	4pm-5pm Baking	4pm-5pm Photography	9.15am-10.15am Clip 'n Climb	10.45am-11.45am Dodgeball
15 Minutes Break						
5.15pm-6.15pm Clip 'n Climb	5.15pm-6.15pm Singing or Skateboarding	5.15pm-6.15pm Game Design or Biking	5.15pm-6.15pm Gaga Ball	5.15pm-6.15pm Basketball		12noon-1pm LEGO 1.15pm-2.15pm Engineering & Circuit Building

Age 8-10

MON	TUES	WED	THURS	FRI	SAT	SUN
4pm-5pm Clip 'n Climb	4pm-5pm Singing or Skateboarding	4pm-5pm Game Design or Biking	4pm-5pm Gaga Ball	4pm-5pm Archery	9.15am-10.15am Clip 'n Climb	10.45am-11.45am Dodgeball
15 Minutes Break						
5.15pm-6.15pm Basketball	4pm-5pm Engineering & Circuit Building or Foot-Golf	5.15pm-6.15pm Drama or Clip 'n Climb	5.15pm-6.15pm Baking	5.15pm-6.15pm Photography		12noon-1pm LEGO 1.15pm-2.15pm Engineering & Circuit Building

Open Sessions

MON	TUES	WED	THURS	FRI	SAT	SUN
9am-9pm Roped Climbing & Bouldering	9am-9pm Bouldering 4pm-9pm Roped Climbing	9am-9pm Roped Climbing & Bouldering	9am-9pm Roped Climbing & Bouldering	9am-9pm Roped Climbing & Bouldering	9am-6pm Roped Climbing & Bouldering 9am-4pm Family Gym	9am-5pm Roped Climbing & Bouldering 9am-4pm Family Gym

Children aged 5-10 must be accompanied by an adult.

Family Gym: Ages 11-13 must be accompanied by an adult 18+ and supervised at ALL TIMES.

For climbing adults must submit relevant forms to supervise up to two young climbers.

All classes are subject to availability and correct at time of printing. For latest information check online.

Free Taster Sessions!
Book here!