

YMCA MENU

Café open 8.30am-3.30pm | Breakfast served until 11.45am
Please ask a member of staff about allergens before ordering

BREAKFAST 8.30-11.45

Bacon Cob <i>Top-notch dry-cured bacon</i>	£6.50
Sausage Cob <i>A proper local banger</i>	£6.50
Mushroom & Spinach Cob <i>Sauteed mushrooms and wilted spinach (V)</i>	£6
Eggs Your Way <i>Fried, poached or scrambled – top quality eggs on toast (V)</i>	£8
Plum French Toast <i>Plum compote, mascarpone with an oat crunch (V)</i>	£7.50
Apple & Cinnamon Porridge <i>Central heating for adults...(V)</i>	£5
Apple & Cinnamon Overnight Oats <i>THE start you need – pairs perfectly with coffee (V)</i>	£5
Seasonal Yoghurt Pot <i>Greek yoghurt, apple, blackberry, granola & seeds (V)</i>	£5
The Chorizo Breakfast <i>Crispy potatoes, chorizo, fried eggs, roasted tomato, bravas sauce & focaccia</i>	£12

GOOD FOOD DOING GOOD

YMCA Café's menu focusses on serving homemade seasonal food from trusted suppliers

Welbeck Bakehouse

Nottinghamshire's award-winning artisan bakery, where every loaf is crafted by hand, every day, without any nasty additives or preservatives

Fruit Basket

Fruit and veg at it's very finest from our friends down the road in Nottingham

Owen Taylor

Local butchers of distinction, using age-old techniques

BRUNCH PLATES 10.00-3.30

Brie, Creamy Mushrooms & Sourdough <i>Melted brie, garlic thyme mushrooms, pickled onion, watercress & seed crunch (v)</i>	£10
Turkish Eggs <i>Garlic yoghurt, poached eggs, chili butter, herbs & toasted sourdough (v)</i>	£9
Shakshuka <i>Spiced tomato & red pepper sauce, eggs, herbs, & toasted sourdough (v)</i>	£11
Hot Honey Halloumi & Avo Toast <i>Grilled halloumi, smashed avocado, poached egg & hot honey (v)</i>	£10
Smoked Haddock Rarebit <i>Smoked haddock, Lincolnshire Poacher cheese, poached egg on sourdough (v)</i>	£12

BOWLS & NOURISH 10.00-3.30

House Nourish Bowl <i>Jasmine rice, edamame, pickled red cabbage, radish, carrot, cucumber, greens, seeds and lemon-herb dressing (VE)</i> CHOOSE YOUR NOURISH BOWL PROTEIN <i>Salmon, sticky pomegranate chicken or falafel (VE)</i>	£14
Açaí Bowl <i>Açaí, banana and berries topped with seasonal fruit, house granola, toasted seeds & honey (VE)</i>	£9
Soup of the Day <i>Homemade seasonal soup served with freshly baked bread</i>	£7



YMCA Café is proudly run on a not-for-profit basis. Every purchase helps make a difference, with a portion of proceeds supporting YMCA Newark and Sherwood's work with young people, families, and the local community

LUNCH PLATES 11.45-3.30

The Fish Pie <i>Smoked haddock & salmon topped with creamy mash, baby leeks, peas & spinach (V)</i>	£14
Lamb Steak <i>Parsnip puree, pickled red cabbage, crispy potatoes, watercress & mint-herb dressing (NGCI)</i>	£14
Beef & Mash <i>Blade of beef, buttery mash, charred hispi cabbage & red wine glaze (NGCI)</i>	£14
Chicken & Mushrooms <i>Roast chicken thigh, mushroom & leek, crispy potatoes & tarragon cream (NGCI)</i>	£13
Roast Squash, Parsnip & Chickpeas <i>Roast squash, parsnip puree, cavolo nero, pickled red cabbage, crispy chickpeas, seed crunch & sage oil (VE) (NGCI)</i>	£13

KIDS MENU

- Picnic Box - £6.50**
Cheese, ham or tuna cob. Fruit, crisps & chocolate brownie
- Beans on Toast - £4.50**
- Tomato Pasta - £6**
- Sausage + Mash - £6**

VE – vegan, V – Vegetarian,
NGCI – Non-Gluten Containing Ingredients

YMCA MENU

Welcome to YMCA Café

Enjoy expertly crafted coffee from local roasters Stewarts, delicious food made with locally sourced ingredients, and a space that's perfect for catching up with friends, taking a break, or settling in to work.

As a not-for-profit café, every brew, bite and brunch helps create opportunities for local young people.

By choosing YMCA Café, you're helping to build brighter futures and giving young people the chance to discover who they are and what they can become.

Thank you for supporting your community.

[Find out more about our local impact.](#)

